We treat our patients LIKE FAMILY in a safe, nurturing environment.

Palo Verde Behavioral Health has been providing mental health services and substance abuse treatment to the Tucson area since 1960. We understand each patient and family is unique and we deliver individualized care to achieve positive outcomes.

- Comprehensive assessments
- Stabilization and improvement
- Increased functioning
- Life skills

Treatment we offer includes individual and group therapy, family therapy, activities-based therapy, recreational therapy, expressive therapy and educational services. Our professional staff includes psychiatrists, nurses, social workers, psychologists, marriage and family therapists, dietitians, pharmacist, substance abuse counselors and recreational and art therapists.

Treatment Philosophy

We believe that mind and body are closely connected. We view each person as a complex system of emotional, intellectual, physical and spiritual dimensions. Our responsibility is to treat the total person.

We provide free assessments 24 hours a day, 7 days a week.

Contact us at 1-844-884-CARE (2273)

Insurance
Medicare and other private insurers may provide reimbursement for our services. PVBH is contracted for services with most major insurance companies.

Restoring Lives, Renewing Hope

Palo Verde BEHAVIORAL HEALTH

2695 N. Craycroft Road
Tucson, Arizona 85712
1-844-884-CARE (2273)
Growing to meet your needs

We have added 36 beds to treat individuals who need specialty care. Eighteen of these beds are dedicated to adolescent patients aged 13-17.

Acute Inpatient Services

Help is just a phone call away.
Call 844-884-CARE

Patients can refer themselves or be referred by their healthcare provider.

We treat:
• Depression
• Anxiety
• Bipolar disorder
• Schizophrenia
• Other mental health issues

Inpatient treatment for adolescents and adults includes medical, psychiatric and psychosocial assessments. Assessments can identify changes and challenges in emotions and behaviors. Assessments take approximately 30 to 45 minutes and include recommendations for treatment options.

Specialized Treatment

Drug and alcohol, co-occurring disorders and acute detoxification treatments are available.

Co-occurring Disorders

We treat individuals who suffer from mental illness and addiction. Treatment focuses on education and skill development and can include:
• Holistic care to manage symptoms and address barriers to treatment
• Coping skills
• Stress and anger management
• Health education and nutrition

Acute Detoxification

Our programs help ease withdrawal symptoms by using medications to help reduce discomfort and medical risks.
Detoxification is available for:
• Alcohol
• Opioids (OxyContin®, Oxycodone®, Heroin)
• Benzodiazepines (Valium®, Xanax®, Ativan®, Klonopin®)